

Marion Military Institute  
Cadet Health Center  
Cadet Applicant Medical Requirements

# Magnus Health Portal and Marion Military Institute

- Within 2 weeks of receiving your acceptance letter you will get a Welcome e-mail from MMI/ Magnus Health
  - That email will contain a user name and your temporary password.
  - The email will be sent to the e-mail address you provided on your application.
  - Check your SPAM and Junk e-mail if you do not find it in your in-box.
    - Use an email address you check daily, and notify the MMI Health Center immediately if your e-mail address changes.
    - Do not use your high school e-mail address.

# MMI Cadet Health Center Contact Info

- Rene' Sumlin RN, BS- Director of Health Services
  - Cell-205-441-3278
  - Office 334-683-2378
  - E-Mail [renesumlin@marionmilitary.edu](mailto:renesumlin@marionmilitary.edu)
    - Mrs. Rene' – Likes texts messages, but always tell her who you are, please!
    - She will usually respond within 24 hours, sometimes she responds immediately!

# How to Use your Magnus Health Portal

- Check your email frequently, and as soon as you get your user name and password, click on the link and complete the tutorial.
  - This can be done from ALL Computers, and MOST Cell phones
  - Once you have completed the tutorial follow the SIMPLE INSTRUCTIONS to complete each section of your Health Record.
  - Some of the forms must be printed out and completed by the Dr. and you.
    - Hint: You will need Mom, Dad, or someone else in the family's HELP with this.
    - Hint: A provider is your Doctor/Nurse Practitioner/Physicians Assistant.

# Health Physical and TB Skin Test (PPD)

- Yes! Everyone who attends MMI MUST have a physical and it MUST be done on the MMI Cadet/Athlete Physical Form!
  - You will print this form out and take it with you to the Dr.
  - He will complete the physical and sign it stating you are physically cleared to attend Marion Military Institute and participate in all the required physical training
- You will also get a TB Skin Test (PPD) done, and you MUST RETURN to the Dr. 48 to 72 hours later to have the test read and the results documented.
  - A chest X-Ray or TB Blood assay test can replace the TB skin Test.
  - When should you get your Physical and TB test;
  - Fall Semester- No earlier than May 1, no later than July 15
  - Spring Semester- No earlier than October 15, No later than Dec 1

# Health Physical and TB Skin Test (PPD)

- When should you get your Physical and TB test- No more than 60 days prior to your First Day on campus.
- Fall Semester- No earlier than May 1, no later than July 15
- Spring Semester- No earlier than October 15, No later than Dec 1
- Frequently Asked Questions:
  - Will you accept my physical from high school? - No. We need you to have another one done using our form.
  - What if I am going to TIGER Camp (ECP) ? - Have your physical and TB test done no more than 60 days before you report to TIGER Camp, and submit it to the Cadet Health Center (CHC)
  - What if I am too busy to get my physical and TB Test done?- This needs to be a priority
  - Can I start classes without a Physical and TB Test? - You will not be Cleared Medically to attend MMI until you have submitted your Physical and TB Test. –no exceptions

# How to Submit the Physical and TB Test

- ALL medical forms that cannot be completed online must be uploaded and submitted directly to your Magnus Account.
  - If you cannot scan and upload the forms, then you MUST print the fax cover sheet with a bar code (from your Magnus account) and fax it to the number on that sheet. Or you can mail it to the address on the fax cover sheet.
    - Do not fax it to your Admissions Counselor
    - Do not fax to the Health Center
    - Do not mail it to your Admissions Counselor
    - Do not mail it to the Health Center
    - Do not hand deliver it to your admissions counselor or the Health Center.
    - Athletes- do not give it to your MMI Coach or the Athletic trainer
    - IT MUST BE SENT DIRECTLY TO YOUR MAGNUS ACCOUNT BY UPLOADING IT OR USING THE COVER SHEET WITH THE BARCODE TO FAX OR MAIL IT

# Here to Help

- If you have questions, call Rene' Sumlin RN, BS- Director of Cadet Health Services
- Cell- 205-441-3278
- Office 334-683-2378
- Email- [renesumlin@marionmilitary.edu](mailto:renesumlin@marionmilitary.edu)



# What to Bring

- Some over-the-counter medicines and supplies you may need are:
- Acetaminophen or Ibuprofen for pain
- Pepto-Bismol or other stomach upset meds
- Allergy meds such as Zyrtec, Claritin, or Benadryl
- Cortisone Cream
- Antibiotic Ointment
- Mole Skin - for blisters, I bet that is new one!
- Band-aids, and bandages in assorted sizes
- Continued...

# What to Bring

- Sunscreen
  - Bug spray (deep woods OFF is recommended)
  - Any other non-prescriptions medicines you take at home.
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- Note:
  - All medications must be kept in your locked footlocker.

# Prescription Meds

- All cadets will keep any prescription medications prescribed to them in their room secured in a locked storage container (footlocker works).
- Each cadet keeps his/her own meds and takes meds as directed by MD
- I recommend that cadets have their regular prescriptions transferred to College City Drugs to simplify getting medication refills.

# Prescription Meds

- There are some prescriptions that must have a new prescription written each month. I can help with that! Give me a call.
- Injections (shots)
- The Health Center will administer injections with a written prescription from an MD that includes the reason for the injections.
- Cadets must bring their unopened prescribed injection medication and an unopened syringe to the health center, and one of our nurses will administer your injection.

# Medical Leave

- Any Cadet who must see a Doctor, will need to report to the Health Center (CHC) for Medical Leave. There's a Form for that!! Of course!
- The Health Center will schedule your appointment or verify any appointments not made by the CHC.
- Routine Medical Appointments should be made during school breaks. (not during the school year). Some examples of routine medical appointments are;
- Annual Dental (teeth cleaning and oral exams), Vision exams, and Physical exams. (Other: Gynecology, Dermatology, etc.,)

# Local Doctors

- The General is IN! Dr. Wm Shane Lee
- Vaughan Marion Clinic 334-683-9085
- Marion Military Institute is very fortunate to have Dr. Wm. Shane Lee, as our Medical Director. While he does not see cadets on campus, his office is less than 2 miles from our campus. He accepts most insurances. He has 2 nurse practitioners on staff as well.
- Dr. Lee is a General in the US Army Reserve, and is an excellent resource for all of our cadets' medical needs.
- Other Local Medical Resources are available to include; Perry County Rural Health Clinic, and the Perry County Public Health Department.
- Continued...

# Local Doctors

- Dr. Gann at Marion Family Dental Arts is located less than 1 mile from campus.
- Other Medical resources; MMI Cadet Health Center partners with several medical Specialists in the surrounding area, and in the event a cadet needs medical care we will assist them in scheduling appointments, and insuring that each of our cadets get the best medical care possible.
- A list of specialists is maintained by the CHC and updated as needed. We are very particular about who sees our cadets and if needed we will accompany them to the Dr. to insure their needs are met.

# Cadet Health Center Hours

- The CHC is open Monday thru Friday from 0700-1600 ( 7am til 4pm).
- There is a nurse on-call for emergencies 24/7.
- Cadets who are ill or injured should report to the CHC. If after hours they should notify the Officer in charge (OC) who will contact the nurse on-call.
- Between 1600 and 0700 Cadets should not leave campus to seek medical care without notifying the nurse or OC, and they should report to the CHC the next morning with all paperwork from the Dr.



# Medical Care

## The CHC

- The CHC provides a basic medical assessment and a one time dose of non- prescription medications as needed.
- We do not provide prescription medications such as antibiotics. In the event the nurse determines a cadet should be seen by a Dr, the nurse will make an appointment for the cadet at one of our local clinics or Bibb Medical Center Urgent Care/ER.
- Cadets are responsible for purchasing additional medications and taking them as directed on the package or as prescribed by the Dr.
- Cadets who do not have transportation to medical appointments can be provided transportation by MMI for a fee.

# Medical Care

## MD and Pharmacist

- Cadets are responsible for all copays due to MD/Urgent Care at the time care is provided
- Perry Rural Health Clinic is a local income-based Doctors office that cadets who do not have insurance can utilize, but the services offered there are limited to basic care and labs. Proof of income is required at the time of the first visit.
- College City Drug is the local pharmacist and they accept most insurances. Cadets are responsible for paying the copay for meds at the time prescriptions are filled. 334-683-6166

# Insurance

- Each cadet should have a copy of the front and back of all health insurance cards (Medical, Dental and Vision).
- In addition they will need to know the subscriber's date of birth and social security number.
- Medicaid or other state funded insurance for children does not cross state lines. So if your child is coming to MMI from out of state you may want to look at other insurance options. (this insurance expires on the insured 19th birthday)
- Alabama State Medicaid requires the insured person have a primary Dr. I would suggest that you change that Dr. to Wm Shane Lee for the time your cadet is attending school here and is eligible for Medicaid

# Insurance

- Tricare Prime requires a primary MD and because we are rural, Dr. Lee is not on most Tricare Prime list for MDs.
- Changing your cadet to Tricare Standard is the best option, then he/she can see any Dr. needed while a student at MMI
- Most other insurances are accepted at the Local Clinics without any major issues.
- MMI does not offer a Health Insurance Plan for purchase for our cadets.
- Alfa Insurance can assist with Health and Dental Insurance written by Blue Cross/Blue Shield. The Marion Office number is 334-683-8623.

# Medical Profiles Explained

- It is the goal of the Cadet Health Center to insure that every cadet is well and in classes every day, but we know that sometimes, cadets can get sick and just need to see the doctor, rest, and take their medicines for a day or two. When that happens they get a Medical Profile.
- Profiles are based on the illness/injury and expected recovery time.
- Limited Duty – usually pertains to an injury and is written based on the injury limitations.
- Classes and Meals only, restricted to campus to rest in room when not in classes or meals.
- Bed Rest-restricted to room except for bathroom privileges, meals will be brought to his/her room by another cadet.

# Home on Medical Leave

- Home on Med Leave until cleared by MD- this is used when a cadet is sick and will require more than 48 hours bedrest, and/or he/she needs any of the following; bedside care, help with medications, bathing, dressing, etc.
- In order to be sent home on Med Leave a cadet must live within a 4 hours drive from MMI. He/She Must be able to drive him/herself home or a parent will provide a way for them to get home if needed, due to distance or degree of illness or injury.
- Examples;
  - Contagious illnesses such as Flu, Mono, Strep, etc...,
  - Has been hospitalized, post-surgery initial recovery, requires frequent follow-up MD appointments for one of the above.
- This type of Leave requires a written excuse from an MD as well as a note clearing the Cadet to return and any limitations with end dates.

# Physical Requirements of a Cadet

- All cadets must be deemed physically fit by a Physician to perform the required physical training at MMI (Similar to basic military training)
- PT tests are administered throughout the academic year for ALL Cadets
- Cadets with permanent or long term injuries or illnesses (greater than 14 days) that prevent them from completing ITC or other PT requirements will require a review by the Medical committee to determine if they will be able to fulfill their obligations at MMI.
- ALL CADETS MUST BE ABLE AND WILLING TO MEET THE MINIMUM PHYSICAL AND MEDICAL STANDARDS FOR THEIR PROGRAM
- LEP, SAP, ECP,

# Contact Information

- If you have specific questions please contact Rene' Sumlin, CHC Director 205-441-3278 or 334-683-2378 or email [renesumlin@marionmilitary.edu](mailto:renesumlin@marionmilitary.edu)